

Doctors programme

Basic Course in Orthopaedic Medicine

Part - Refresher basic course doctors

Day 1

- 09.00-10.15 General principles
- 10.15-10.30 Coffee
- 10.30-11.15 General principles
- 11.15-12.30 Shoulder : Clinical examination and interpretation
- 12.30- 13.30 LUNCH
- 13.30- 14.30 Shoulder : Treatment
- 14.30 -14.45 Coffe
- 14.45- 15.30 Elbow : Clinical examination and interpretation
- 15.30- 16.30 Elbow – Treatment
- 16.30- 17.00 Summery - closure

Dag 2

- 09.00- 10.15 Wrist – Clinical examination and interpretation
- 10.15 -10.30 Coffee
- 1030–11.30 Wrist - Treatment
- 11.30-12.30 Hip - Clinical examination and interpretation
- 12.30- 13.30 LUNCH
- 13.30-14.45 Hip - Treatment
- 14.45-15.00 Coffee
- 15.00-16.00 Knee- Clinical examination and interpretation
- 16.00-17.00 Knee- Treatment

Dag 3

- 09.00-09.30 Run down day 2
- 09.30-10.30 Leg ankle and foot – Clinical examination and interpretation
- 10.30-10.45 Coffee
- 10.45-11.45 Leg ankle and foot - Treatment
- 11.45-12.30 The Spine – 3 concepts
- 12.30-13.30 Lunch
- 13.30 14.15 Lumbar spine - Examination
- 14.15-15.00 Cervical Spine - Examination
- 15.00-15.15 Coffe
- 15.15-16.00 Thoracic spine - Examination
- 16.00-17.00 The Spine - Treatment