

Course programme

Basic Course in Orthopaedic Medicine

Refresher 1 (Basic)

Day 1

0900-1015	Recapitulation Referred pain, clinical examination	t
1015-1030	Coffee	
1030-11.00	Recapitulation Trauma to soft tissue	t
1100-1245	Recapitulation Shoulder	t/p
1245-1400	Lunch	
1400-1530	Recapitulation Elbow	t/p
1530-1545	Tea	
1545-1700	Recapitulation Hand	t/p

Day 2

0900-1100	Recapitulation Hand	p
1100-1115	Coffee	
1115-1145	Recapitulation Lumbar spine	t
1145-1330	LUNCH	
1330-1515	Recapitulation Lumbar spine	p
1515-1530	Tea	
1530-1700	Recapitulation Cervical spine	t