

# Course programme

## Advanced Course in Orthopaedic Medicine

### Part 5b

(Lumbar Spine, Sacroiliac joint and Temporomandibular joint - Advanced)

#### Day 1

0900-1000	Lumbar spine: Stenotic concept	t
1000-1045	Thoracic spine: Recapitulation manipulations / mobilizations	p
1045-1100	Coffee	
1100-1200	Lumbar spine: Comparison of 3 concepts	t
1200-1230	Lumbar spine: Recapitulation manipulations / mobilisations	p
1230-1345	LUNCH	
1345-1445	Lumbar spine: Back school	t
1445-1500	Coffee	
1500-1530	Lumbar spine: Back school	p
1530-1615	Lumbar spine: Non-mechanical backache	t
1615-1700	Lumbar spine: History: „Mock clinic“	p

#### Day 2

0900-1000	Sacroiliac joint	t
1000-1015	Coffee	
1015-1100	Sacroiliac joint + Coccyx + Symphysis	t
1100-1140	Sacroiliac joint	p
1140-1240	Cervical spine: Mock clinic - Recapitulation	p
1240-1400	LUNCH	
1400-1515	Differential diagnosis: Pain in the arm - Mock clinic	t,p
1515-1530	Coffee	
1530-1700	Patients	

#### Day 3

0900-1030	Temporomandibular joint	t,p
1030-1045	Coffee	
1045-1400	Differential diagnosis: Pain in the groin / gluteal pain	t