

Course programme

Advanced Course in Orthopaedic Medicine

Part 4b

(Shoulder, Elbow, Wrist, Hand and Shoulder Girdle - Advanced)

Day 1

0900-0930	Shoulder: Recapitulation	t
0930-1015	Shoulder: Instability	t
1015-1100	Shoulder : Clinical examination	p
1100-1115	Coffee	
1115-1215	Shoulder : Differential diagnosis / Completion	t
1330-1425	Shoulder : Recapitulation therapy (1)	p
1425-1450	Shoulder girdle : Anatomy	t
1450-1525	Shoulder girdle : Clinical examination	t,p
1525-1540	Coffee	
1540-1700	Shoulder girdle : Pathology	t,p

Day 2

0900-0945	Shoulder: Differential diagnosis: Weakness	t
0945-1015	Shoulder : Recapitulation therapy (2)	p
1015-1030	Coffee	
1030-1115	Elbow : Pathology : Completion	t
1115-1215	Elbow: Recapitulation	p
1330-1400	Wrist, Thumb: Recapitulation / Completion	t
1400-1500	Wrist, Thumb: Therapy	p
1500-1515	Coffee	
1515-1600	Wrist, Thumb: Interpretation resisted flexion Hand: Interpretation	t
1600-1700	Wrist, Thumb: Interpretation resisted flexion Hand: Interpretation	p

Day 3

0900-1000	Entrapment phenomena upper limb	t
1000-1100	Shoulder + shoulder girdle: Mock clinic	p
1100-1115	Coffee	
1115-1230	Thoracic spine : Recapitulation	p
1230-1400	Patients	