

Doctors programme

Basic Course in Orthopaedic Medicine

Part 3b (Knee and hip)

Day 1

0900-1015	Knee – Introduction and anatomy	t,p
1015-1030	Coffee	
1030-1130	Knee - Clinical examination	t,p
1130-1230	Knee – Ligamentous lesions	t,p
1230-1330	Lunch	
1330-1415	Knee – Interpretation passive tests : Corpus librum, menisc	t
1415-1445	Knee – Interpretation passive tests : Corpus librum, menisc	p
1445-1500	Coffee	
1500-1600	Knee - Interpretation resisted movements	t,p
1600-1700	Workshop – ankle and foot	t,p

Day 2

0900-0945	Hip - Introduction and palpatory anatomy	t,p
0945-1030	Hip – Clinical examination	t,p
1030-1045	Coffee	
1045-1130	Hip – Interpretation - The capsular pattern	t,p
1130-1215	Hip – Interpretation - The Non capular pattern	t,p
1215-1315	Lunch	
1315-1400	Hip – Interpretation – Resisted movements	t
1400-1445	Hip – Interpretation – Resisted movements	p
1545-1500	Tea	
1500-1600	Workshop – Thoracic spine	p
1600-1645	Workshop – Hip and Knee	p
1645-1700	Summery and finish	